



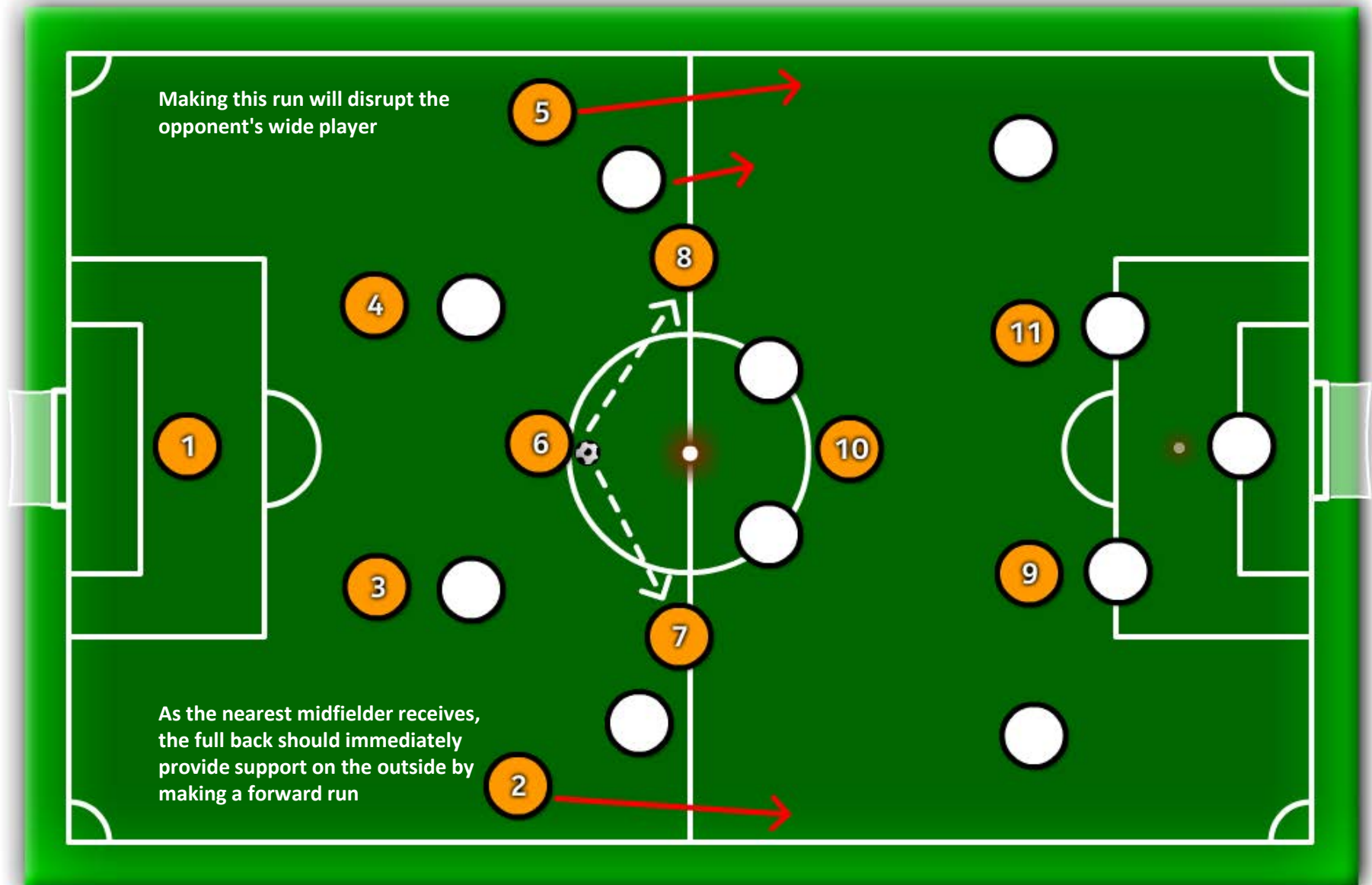
PLAYING THE

**GK-4-4-2 DIAMOND**

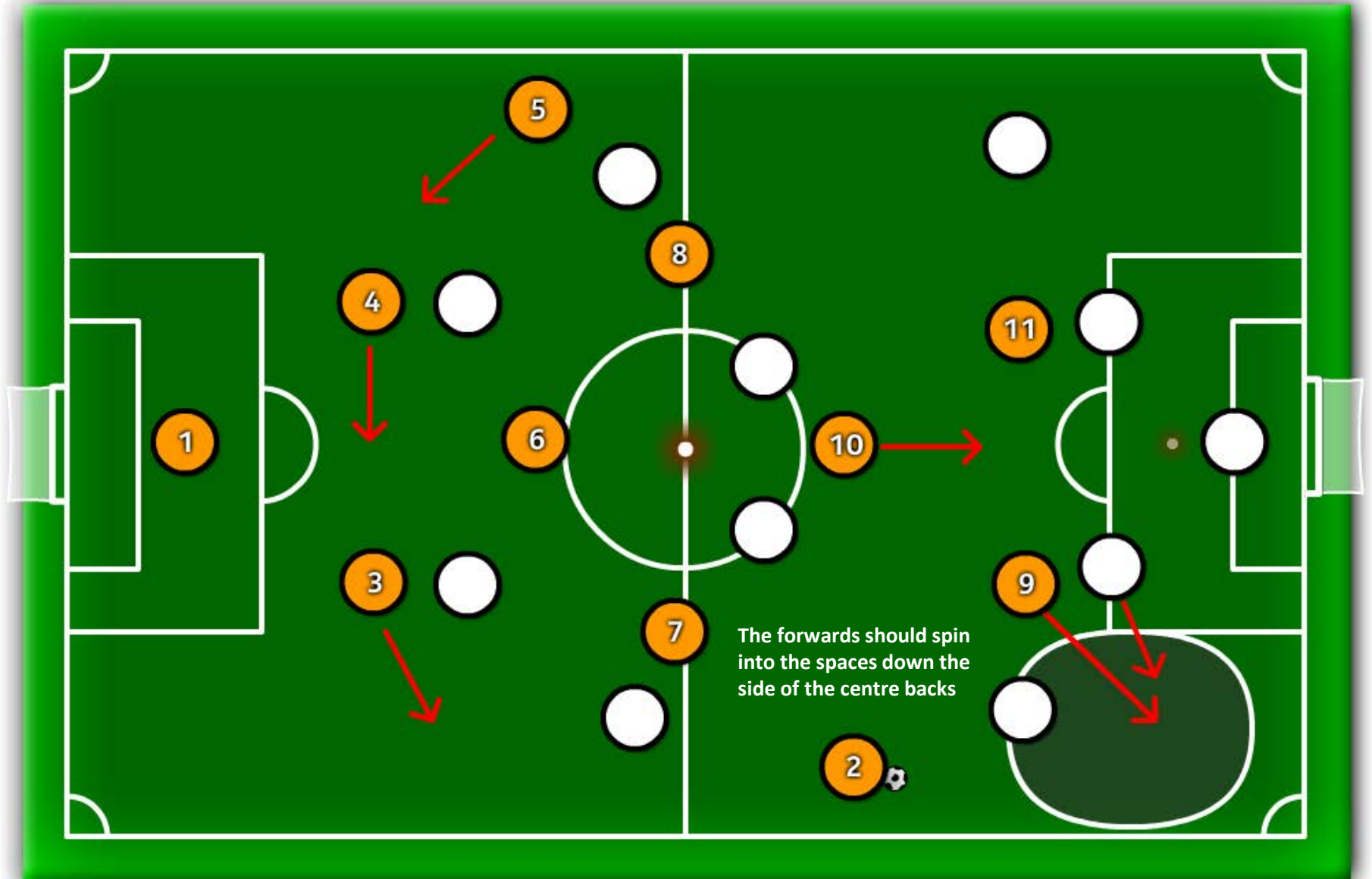
# COACHING THE GK-4-4-2 DIAMOND

1. The full backs must provide width in the defensive and midfield thirds
2. The forwards must provide width in the attacking third
3. Try to play passes outside the opponents full backs & behind the defence
4. The number 10 must continually make forward runs into the penalty area
5. The midfield must combine with quick & short passes
6. The number 10 must continually be on the move
7. The number 6 must always want to be on the ball in a “playmaker” role
8. When both full backs attack, the number 6 must create a defensive three
9. The forwards must force the opponents to pass outside & down the line
10. Passes into the no.10 create a 3v2 with the 9 & 11 against the centre backs
11. Don't be afraid to pass directly into the teams forwards

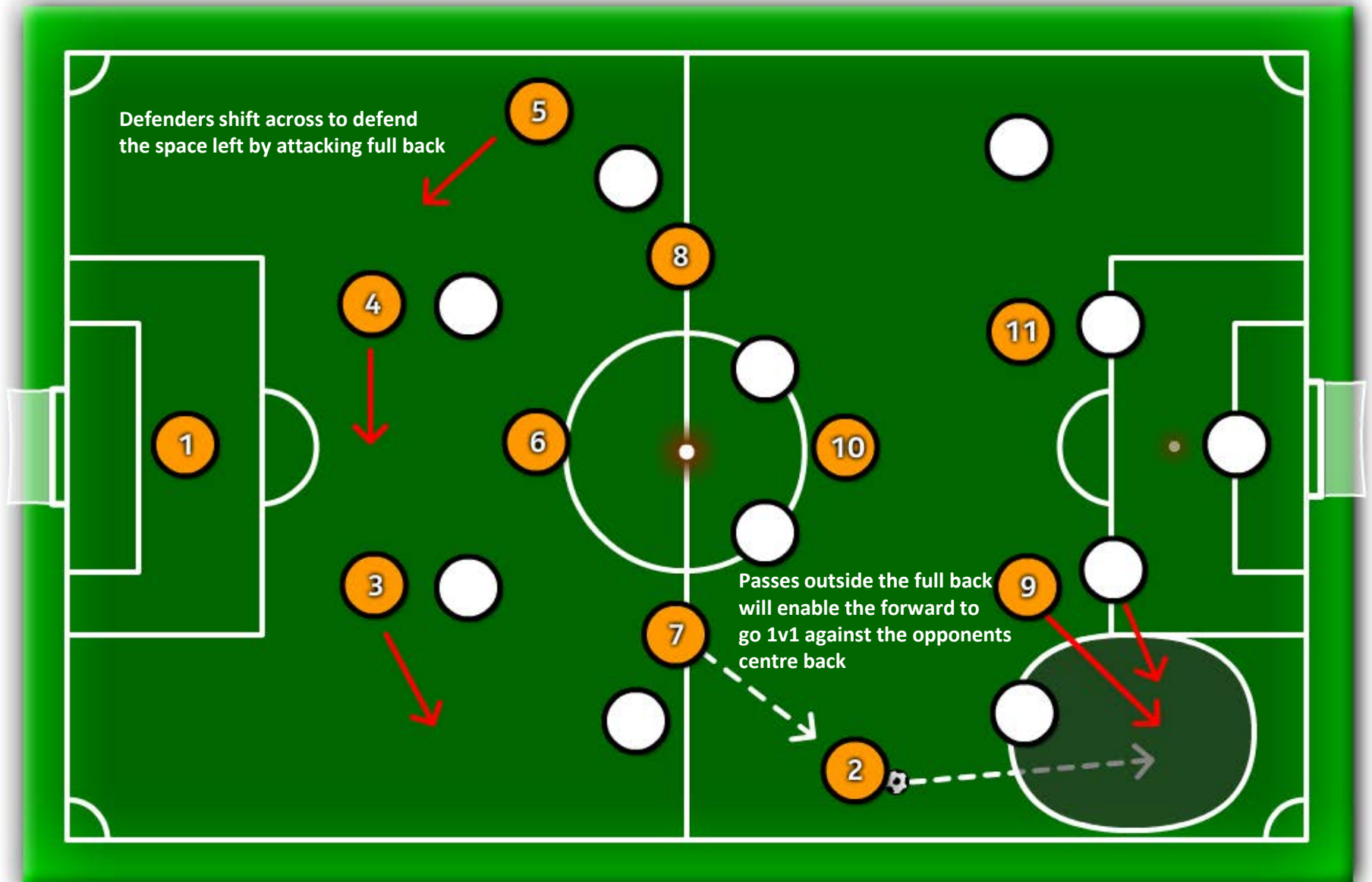
The full backs must provide width in the defensive and midfield thirds



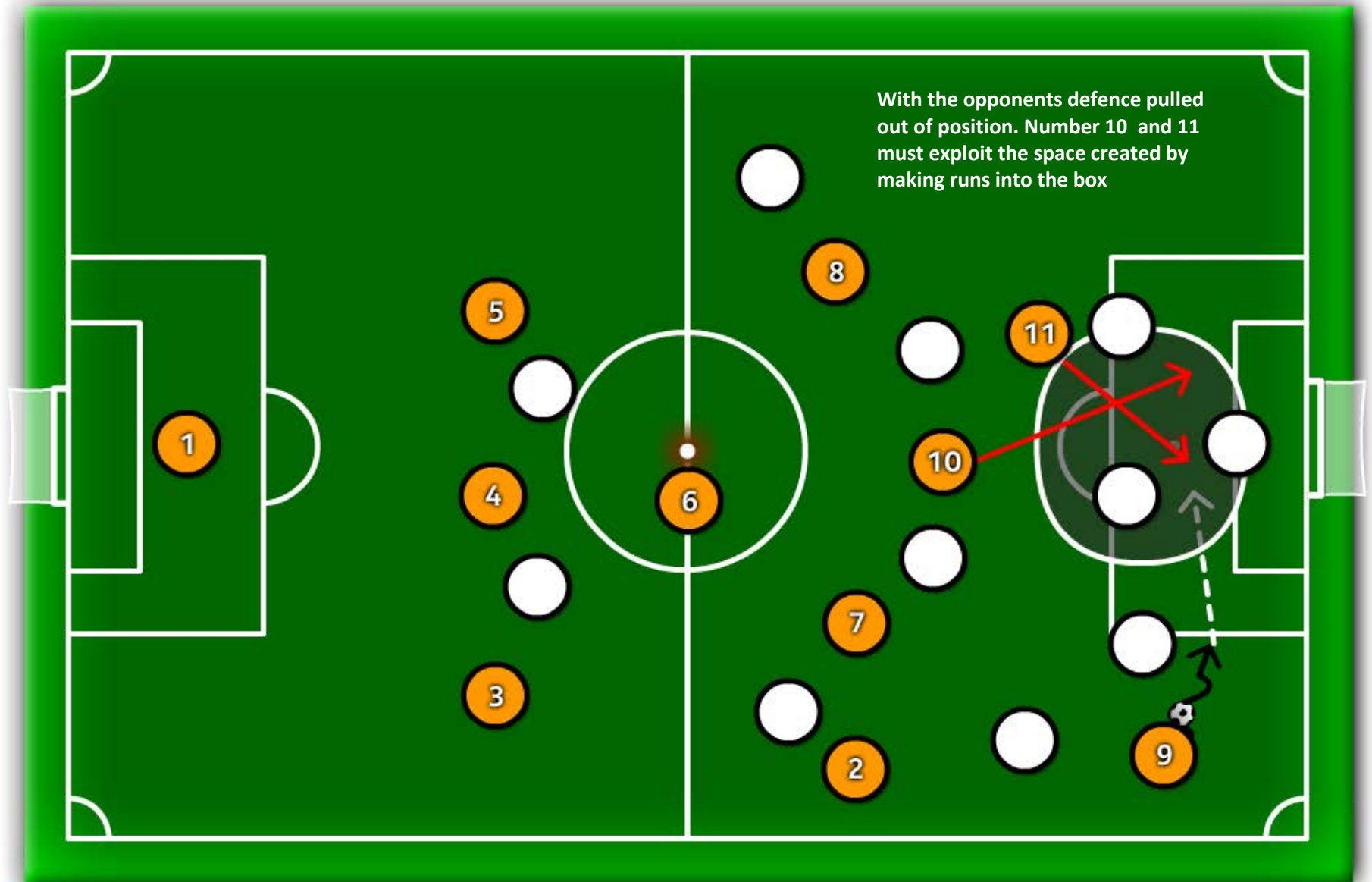
The forwards must provide width in the attacking third



Try to play passes outside the opponents full backs & behind the defence

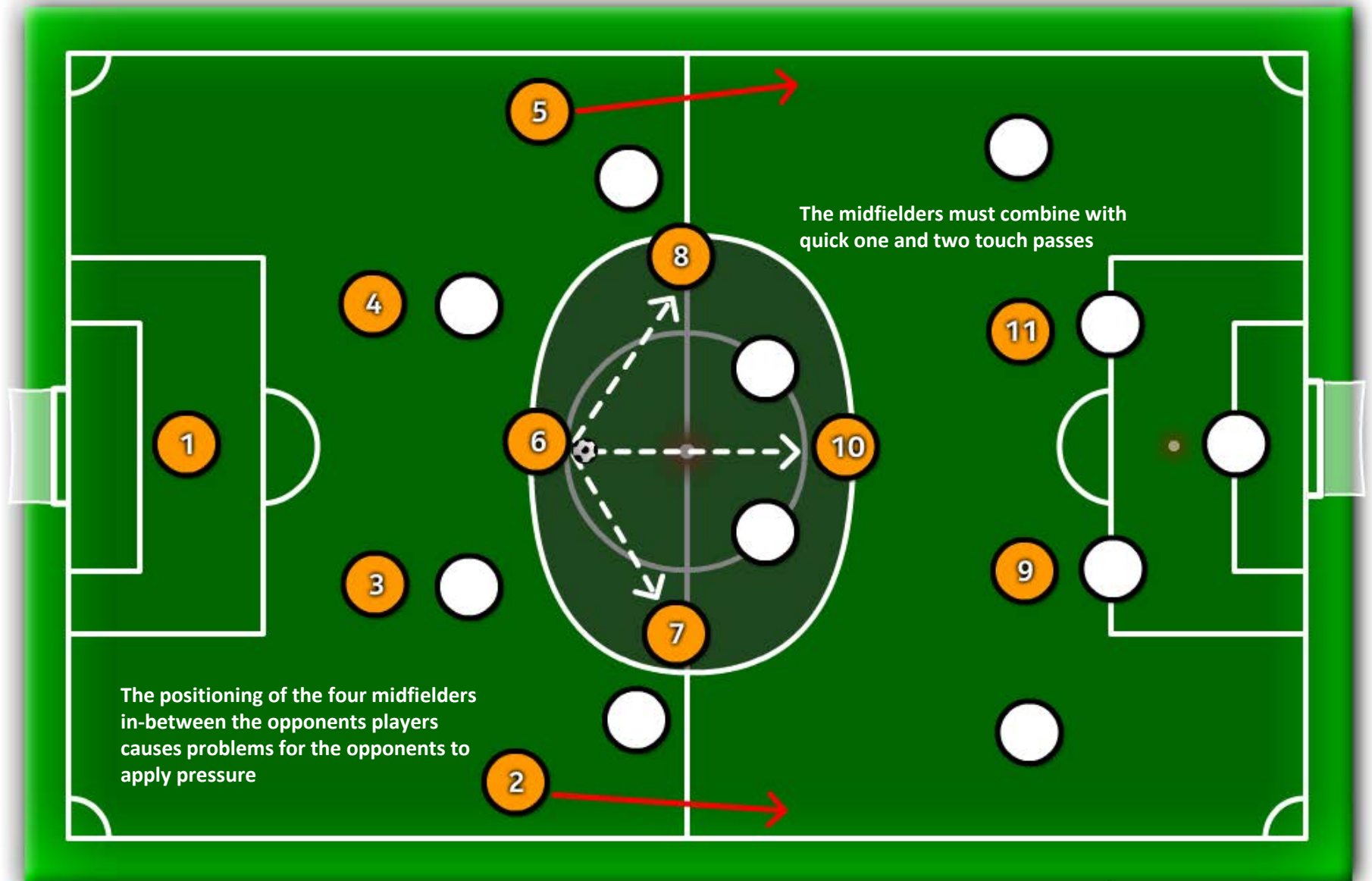


The number 10 must continually make forward runs into the penalty area

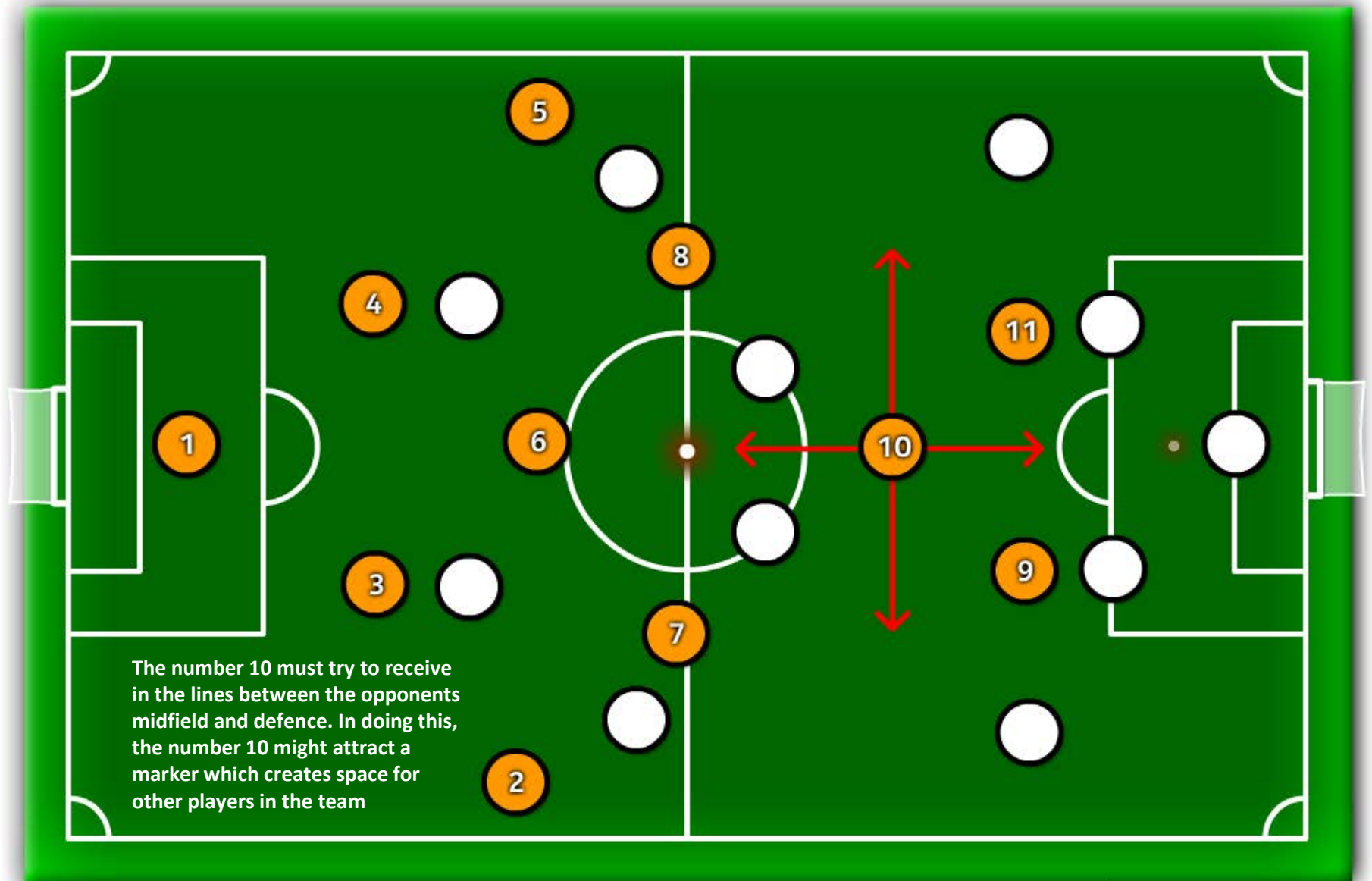




The midfield must combine with quick & short passes

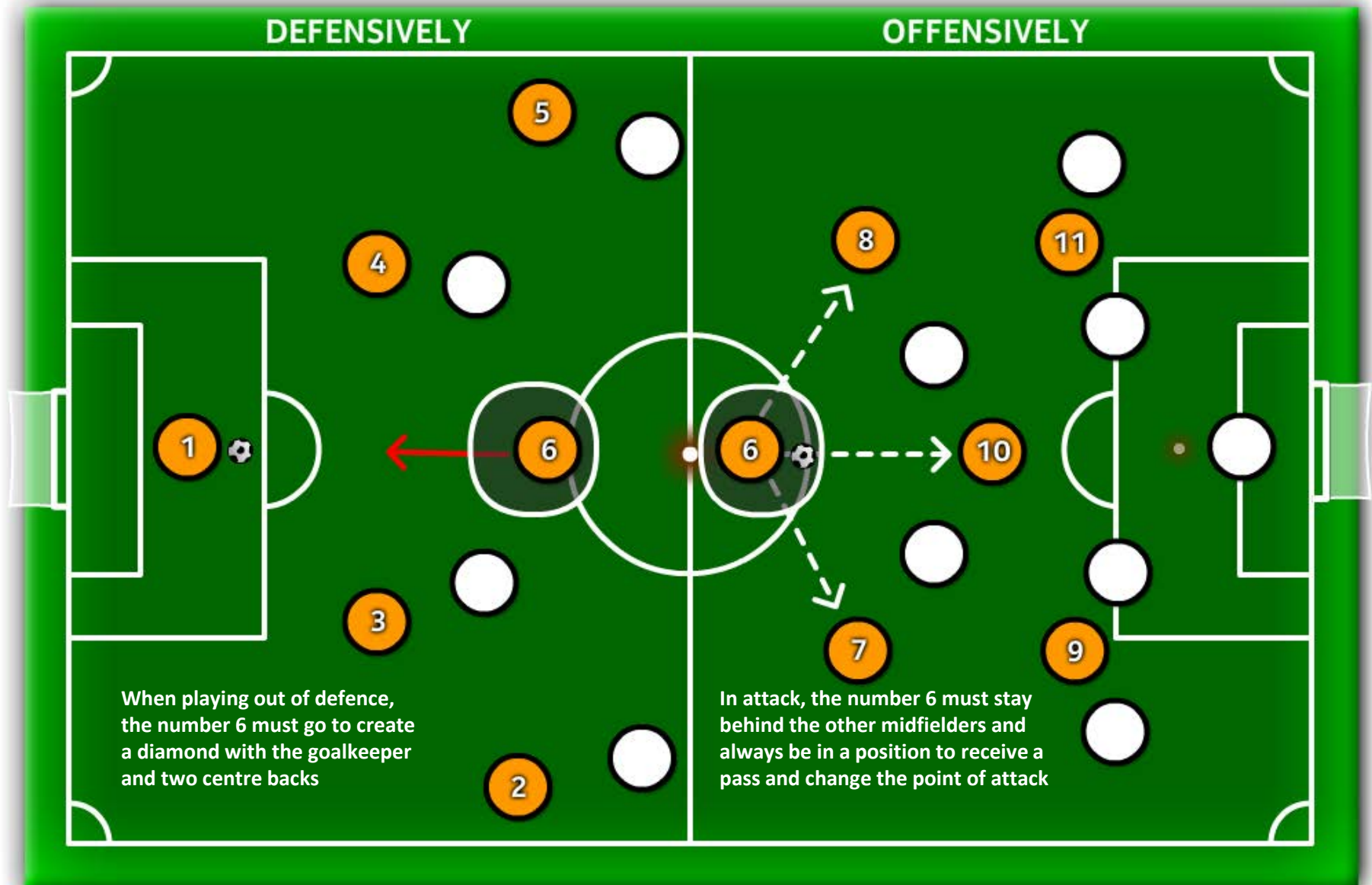


The number 10 must continually be on the move

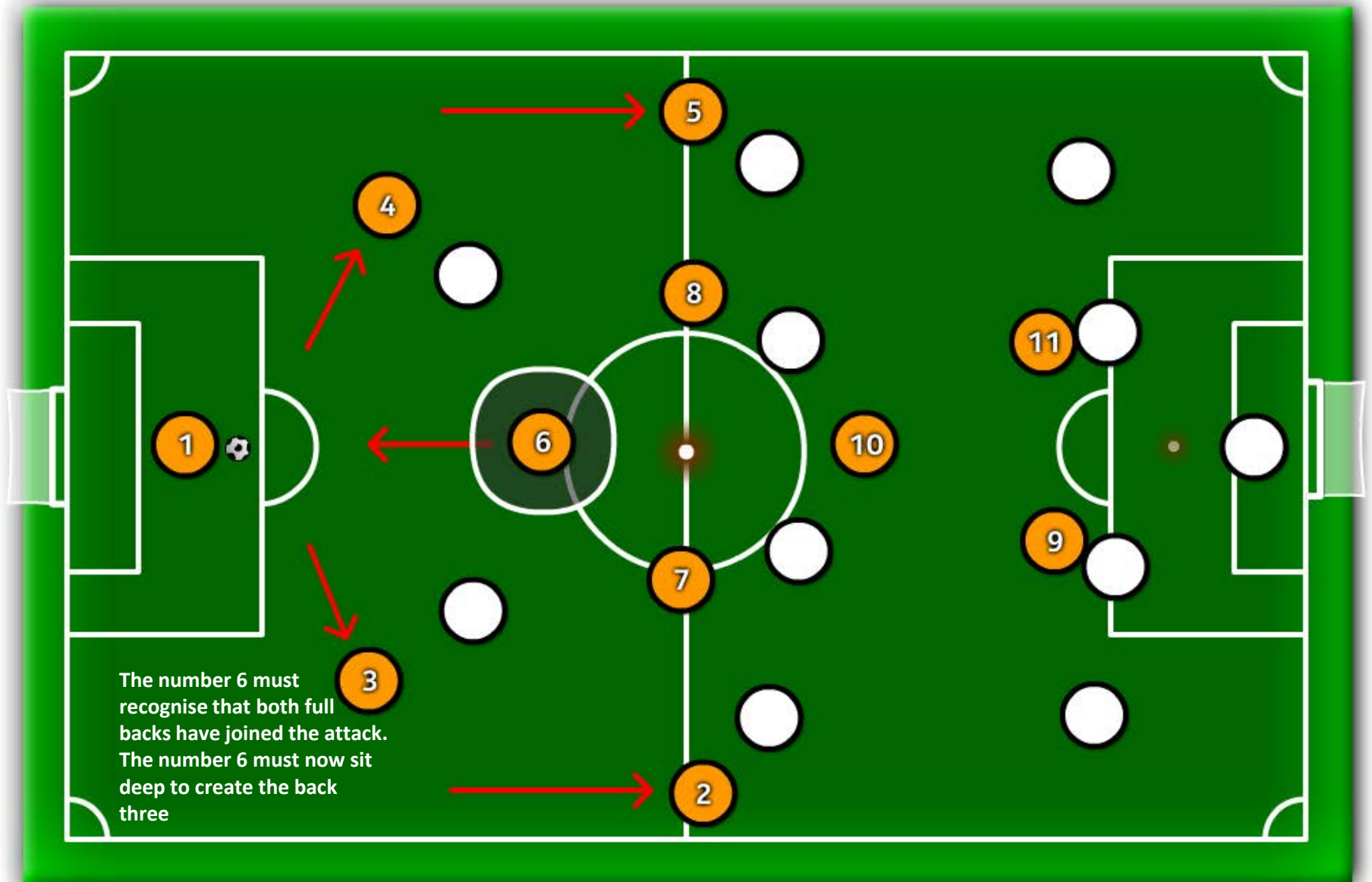




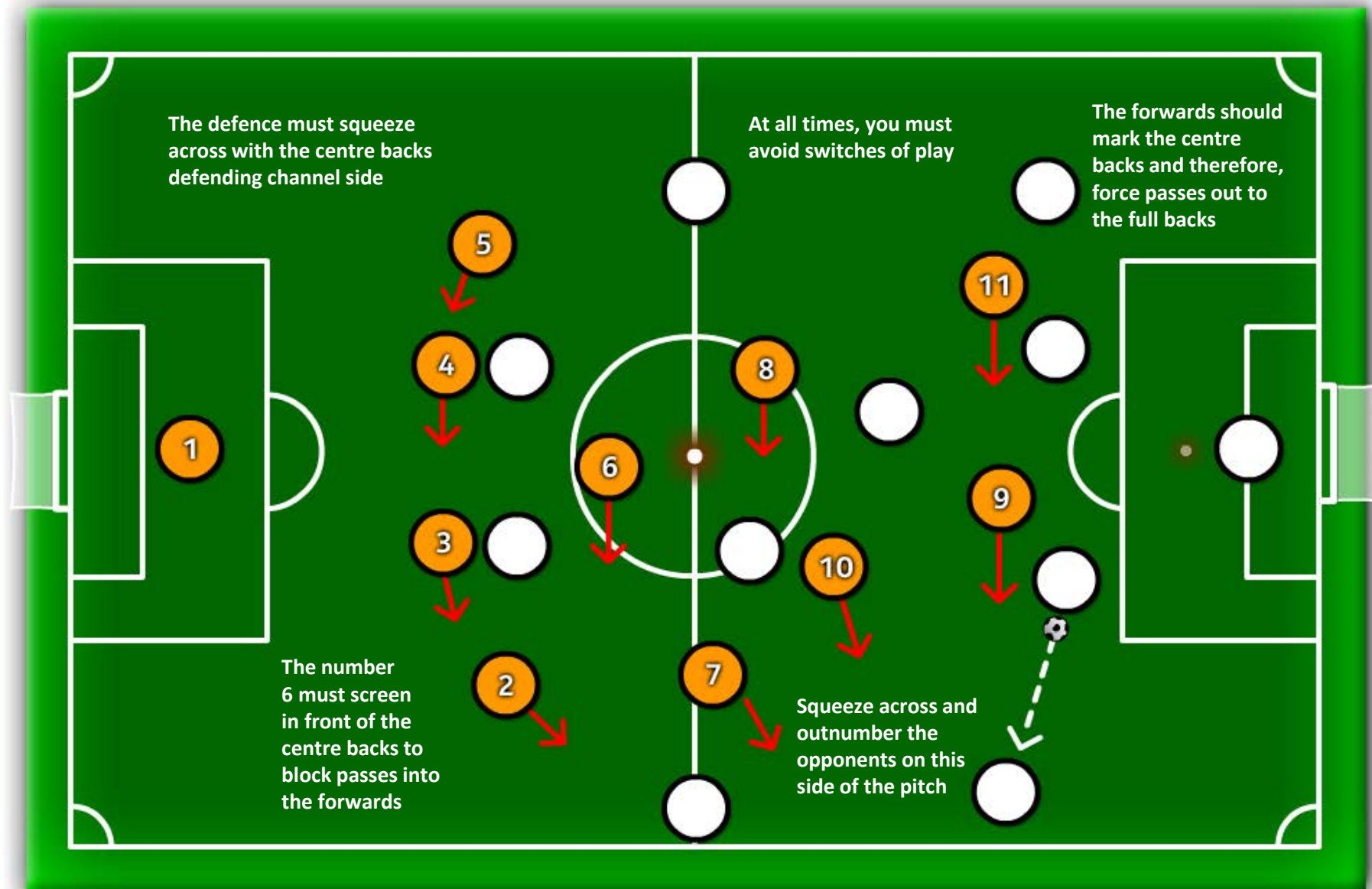
The number 6 must always want to be on the ball in a “playmaker” role



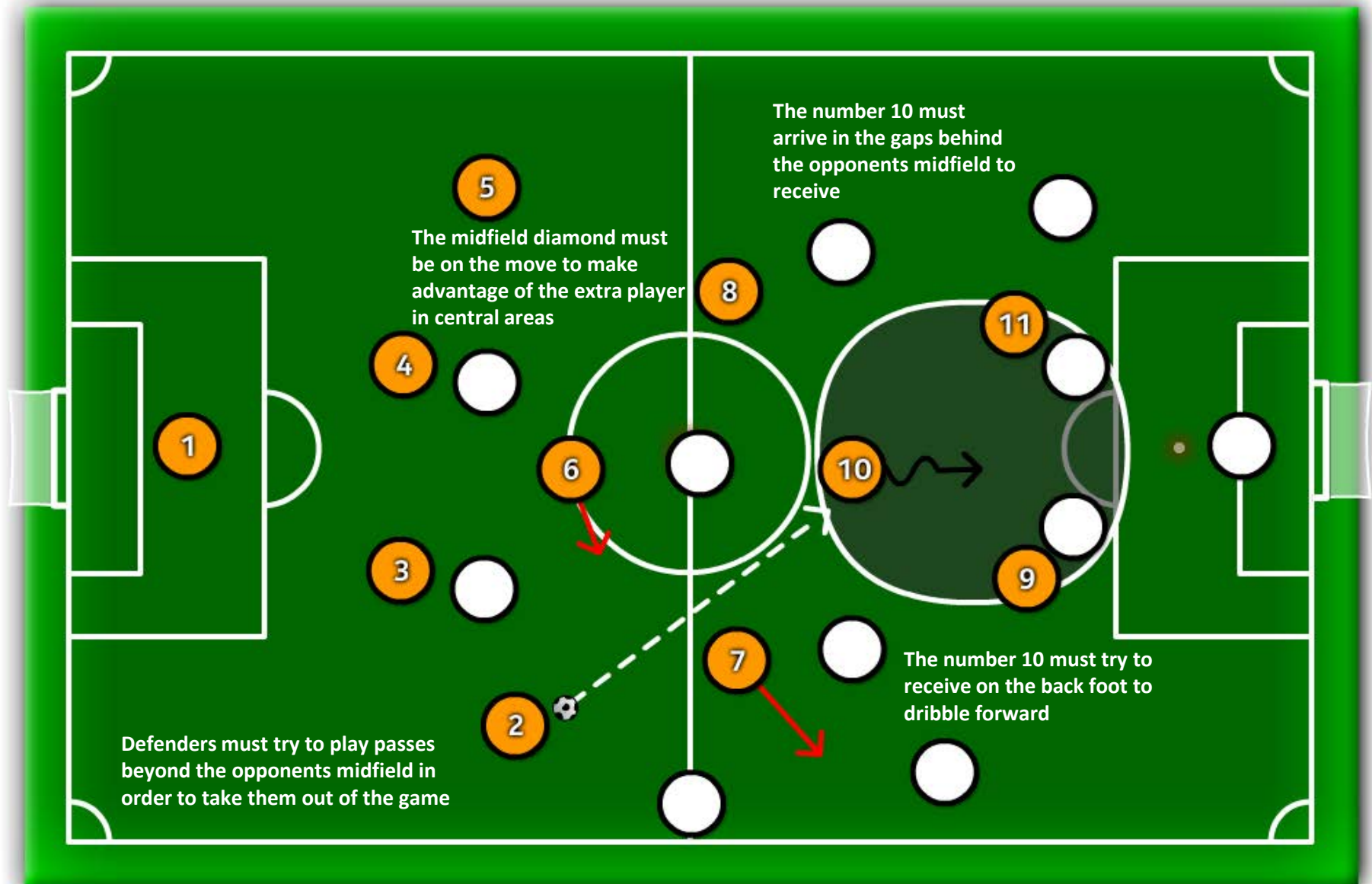
When both full backs attack, the number 6 must create a defensive three



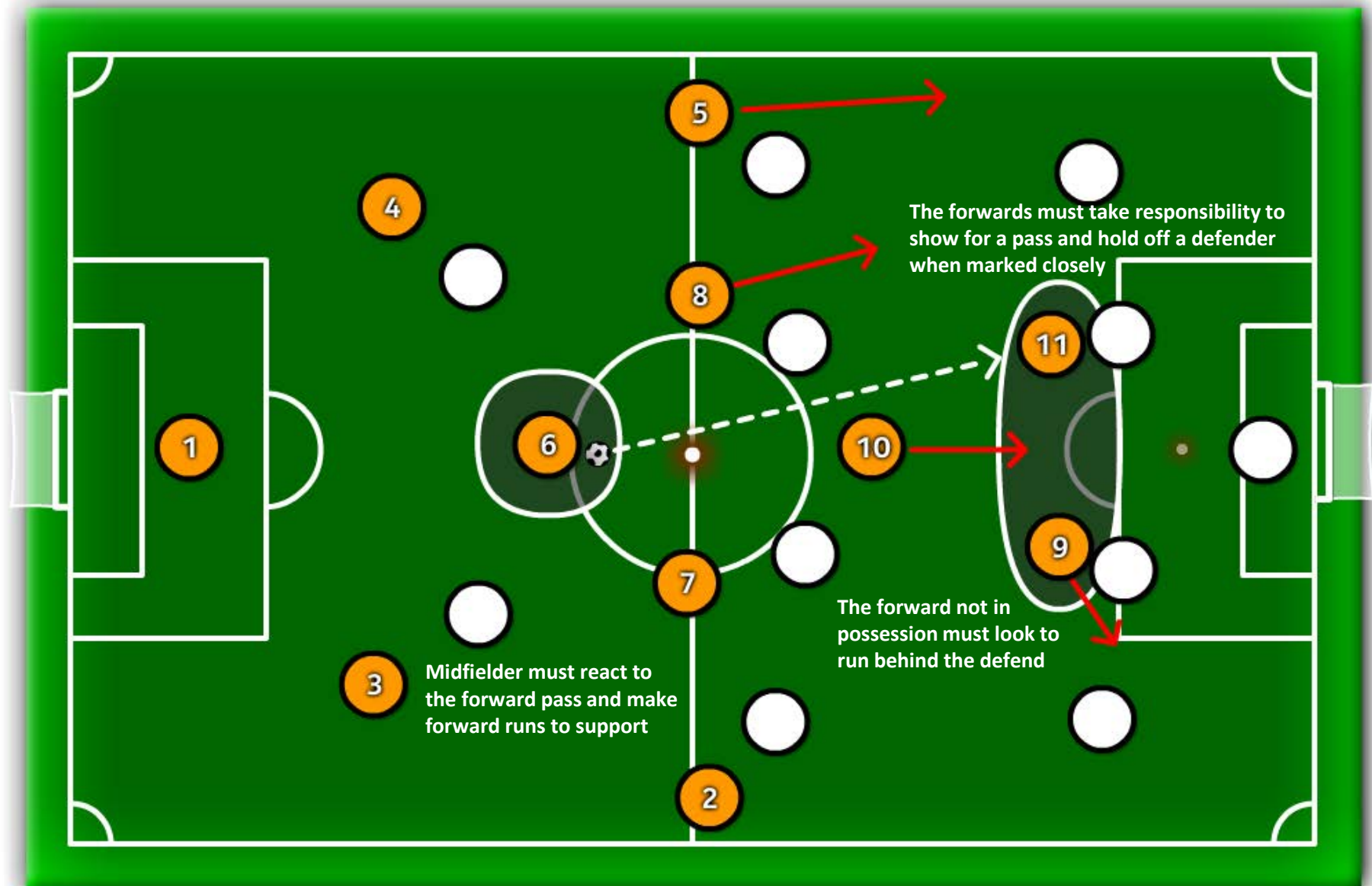
The forwards must force the opponents to pass outside & down the line



Passes into the no.10 create a 3v2 with the 9 & 11 against the centre backs



Don't be afraid to pass directly into the teams forwards





# FORMATION OVERVIEW

## GK- 4-4-2 DIAMOND



### STRENGTHS

- Number of players in central areas
- Compact defence
- movement in attack

### CONCERNS

- Switches of play
- Midfield congestion
- Lack of natural width

## ROTATING THE SHAPE

### GK-4-3-3

- The number 10 can easily push forward and the number 9 and 11 outwards to make a GK-4-3-3 formation

### GK-3-4-1-2

- The full backs (2 and 5) can push into midfield and the number 6 can drop to make a three man defence

### GK-4-3-2-1 (Christmas tree)

- The 9 and 11 drop deeper and the 10 now becomes the focal point of the attack
- The above rotations should happen naturally in the game due to player movement





[www.academyfootballcoach.com](http://www.academyfootballcoach.com)