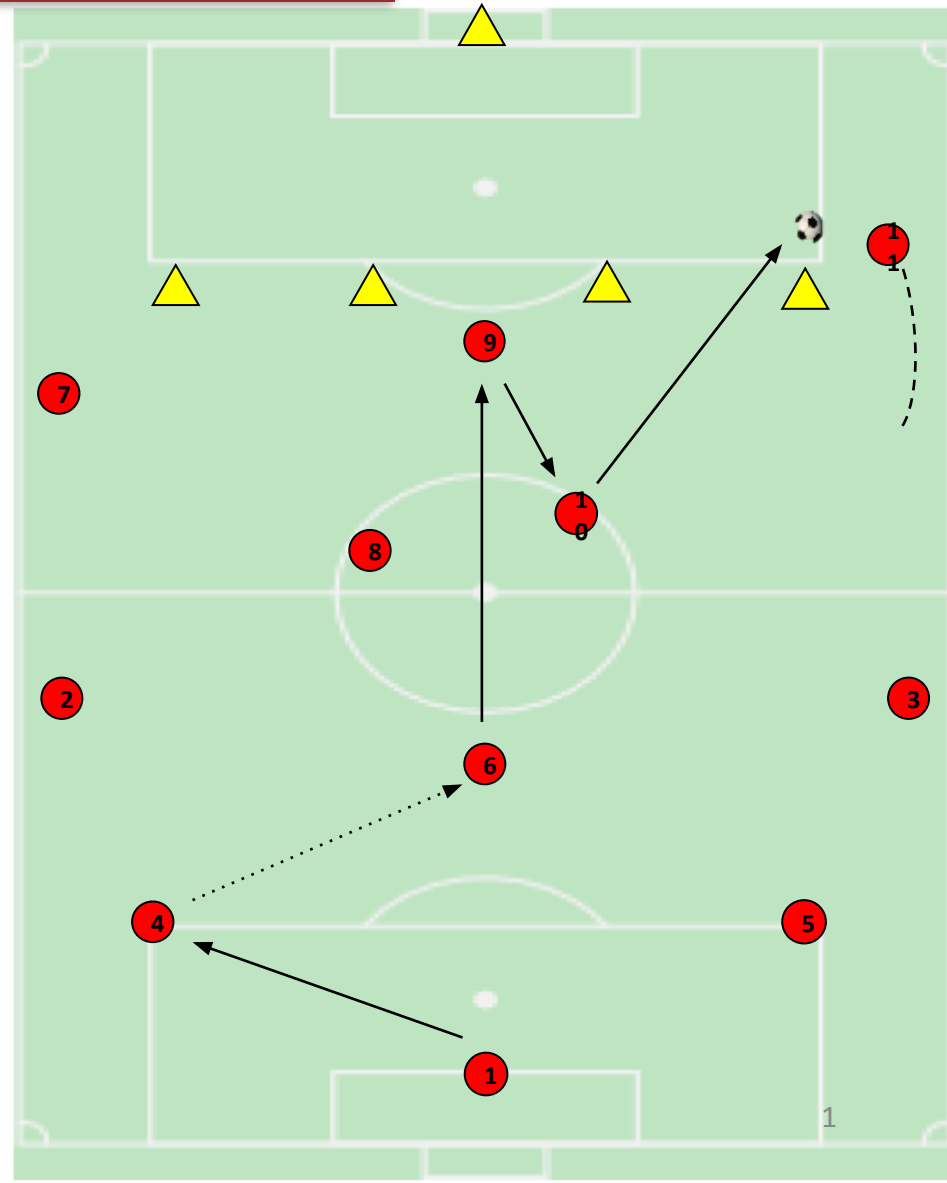




# 1-4-3-3



Building up from the back  
Centrally, looking to split the opposition  
f/b Back line.





# 1-4-3-3



Building up from the back  
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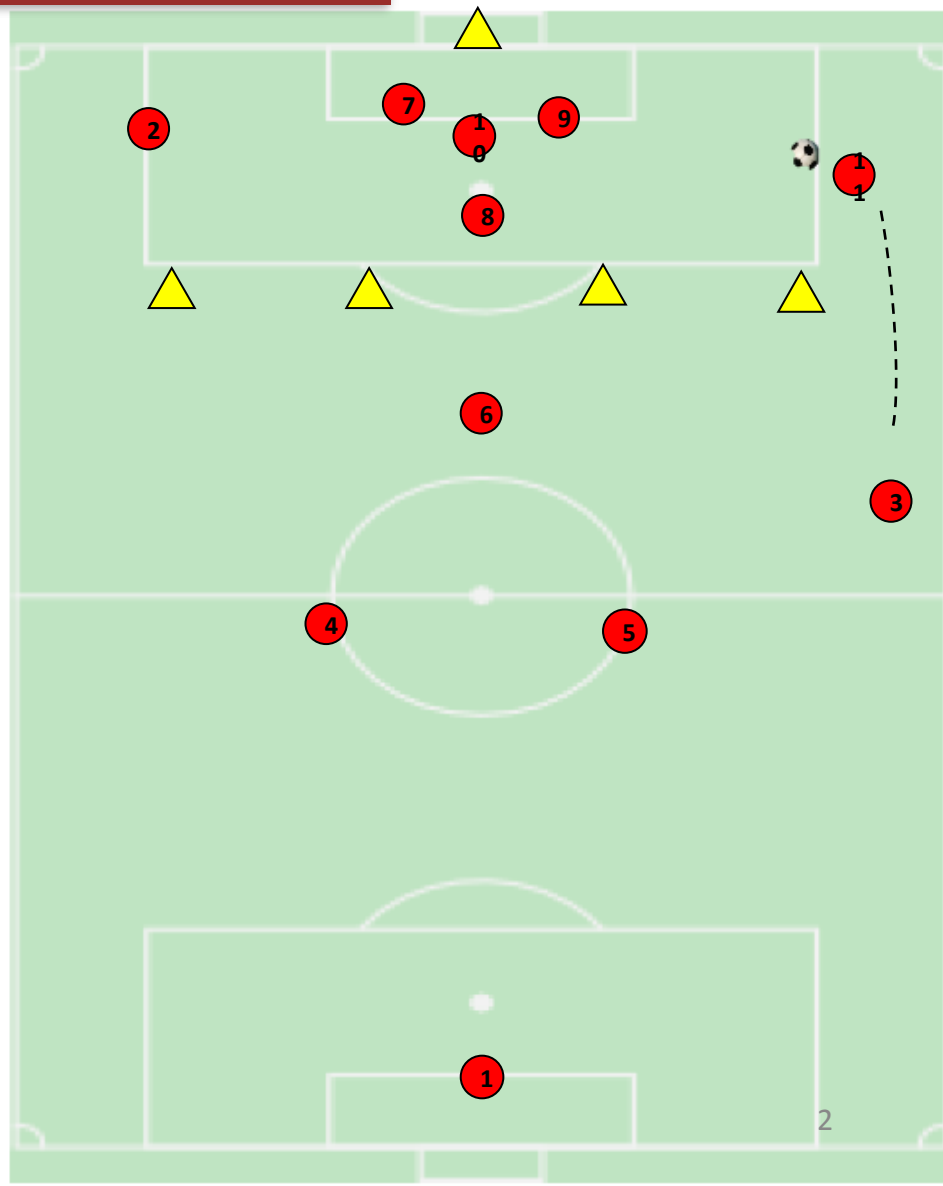
We now need runs from player into  
Opp 18yrd box.

- 9 = front post run.
- 10 = central 6 yrd box.
- 7 = back post.
- 8 = peno spot.
- 6 = hanging outside, also screening.
- 2 = back of 18yrd for anything over hit.
- 3 = support player crossing the ball, also

Keeping in mind keeping 4 players  
behind the ball for T2D.

4 & 5 staying defensively.

g.k up behind ready for overhit balls.





# 1-4-3-3



Different scenarios  
Building up from the back.

G.k passes the Ball to c/b 4 or 5  
f/b 2 pushes in centrally as a 6.  
6 moves into position where 10 leaves.  
7 drops into fb position as 2 moves in.  
9 moves wide and high into 7 area.  
8 turns and moves into 9 area.  
10 comes across into 8 area.

This should disengage opposition shape  
And give us opportunities to build up to  
affect different areas of the pitch,  
through a switch of play or with central  
combination play.

Ball movement in blue

